

A Book of Short Stories by People Using LDN

Hello everyone,

We are currently putting together a book of short stories from people using LDN for different ailments. Our objective is to publish an easy-to-read collection of short stories that will help to spread the word regarding the many struggles that people have gone through with their ailments and what they have experienced with the use of LDN. The book will be non-profit, with any proceeds going towards further LDN research or trials. The stories can be anywhere from two paragraphs up to four pages long.

For those who would like to contribute their stories we suggest emailing them to Aletha@redshift.com. In the subject line please write: Short story - (your ailment) - your name and city (or just a pseudonym if you wish to remain anonymous).

For those who might need some ideas on writing their stories, you could include:

- **when you got your diagnosis**
- **how it affected you and your loved ones**
- **what struggles you may have gone through**
- **what other medicines or protocols you have tried**
- **how you found out about LDN**
- **if you had a difficult time getting a prescription, and most importantly...**
- **what you have experienced since starting LDN.**

Some of the stories that we have received so far have brought in humor and some have brought tears. It is amazing what strength most people have gained from the many roadblocks they have had to work around.

In the book, we will also be including one chapter for doctors, pharmacists and researchers to share their stories of how they found out about LDN, what they have noticed overall from patients and what they hope to see for LDN in the future.

If any editing is needed, we will make sure to forward a full copy back to you via email for your full approval before submitting it to the publisher. So please include your email address and make sure that Aletha@redshift.com is on your white list for receiving emails. Your email address will, of course, not be published unless you specifically request it.

It is a great honor to put these stories together and have the opportunity to share them with others who may benefit from your experiences.

For those who would prefer to have their stories distributed in an e-book that will be freely distributed, Cris Kerr from the Case Health web site in Australia will also be collecting similar LDN stories. Her email address for submission is ckerr@casehealth.com.au.

Kindest of regards,

**Aletha Wittmann
California**